

# St. Thomas More Parish: 15 Templebow Road NE, Calgary AB T1Y 6J3

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**Pastor:** pastor@stthomasmore.ca

**Associate Pastor:** associate@stthomasmore.ca

**Parish Office:** secretary@stthomasmore.ca | **Website:** www.stthomasmore.ca

**Office Hours:** Monday & Sunday - Closed  
Tuesday to Saturday - 10:00am to 3:00pm (Office is closed for Lunch  
from 12:30pm to 1:30pm)

*A collaborative ministry of the Carmelite Fathers and Lay Parishioners*



## Trinity Sunday, May 30/31, 2026

### **Pastor:**

Fr. Jerald D'Souza, OCD

### **Associate Pastor:**

Fr. Alexander Braganza, OCD

### **Permanent Deacons:**

Deacon Norman Dumais

Deacon Dale Laing

### **Office Assistant:**

Rachael Ramaswamy

### **Administrative Assistant:**

Fe Badajos

### **Bookkeeper:**

Cindy Kreutzer

### **Hospitality:**

Everyone in the Parish!

### **Weekday Mass Schedule:**

Monday to Saturday: 9:00am

### **Weekend Mass Schedule:**

Saturday: 4:00pm

Sunday: 8:30am, 10:30am,

12:30pm & 5:00pm

### **Igbo Mass:**

First Sunday of the Month: 2:00pm

### **Adoration:**

First Friday of the month:

9:30am to Noon

### **Reconciliation:**

Tue., Wed., Thu., & Fri.:

After the morning Mass

Saturday: 2:30pm to 3:30pm

### **Baptisms:**

An initial appointment with one of the Priests is required before attending a session.

### **Confirmation:**

On-line registration is now closed.

### **Society of St. Vincent De Paul:**

(403) 975-4318 (Food Hampers)

TRINITY SUNDAY: A feast sometimes misunderstood and often dreaded by preachers. Too often we think of the Trinity as a technical or esoteric doctrine that is somehow disconnected from our everyday lives.

In John's Gospel we are reminded that God is love, a communion of persons that reaches out in history with the offer of friendship and salvation. God the Father declares his love for the world by sending his Son, the Word made incarnate in Jesus Christ, to invite humankind to share in the inner life of God. Christ reminds us that to be created in the image and likeness of God -- *imago Trinitatis* -- is to be made for communion with God and neighbour, a calling we are free to accept or reject.

To believe in Christ -- to profess our faith in the Triune God -- requires something more than intellectual assent to the articles of the Creed. Faith in Christ demands that we are reborn of the Holy Spirit, the spirit of love and truth that binds together Father and Son and that unites us to Christ in his life, death and resurrection. We are called to witness to God's love, not simply by holding up signs emblazoned with the phrase "John 3.16," but rather by living as Jesus did, by serving the mystery of communion with God and neighbor in our daily lives.

*(Living with Christ, May 2026) -- Nick Olkovich*

### **Readings:**

**1st Reading: Exodus 34.4b-6, 8-9**

**2nd Reading: 2 Corinthians 13.11-13**

**Gospel: John 3.16-18**

(This passage contains the beautiful summary of the saving message of the Gospel in John 3:16: a good verse to commit to memory!) In the encounter with Nicodemus, Jesus clarifies the contrasts between God and the world, between above and below, between the infinite and the finite, the absolute and the created. God forgives through the Son, not punishes; God accompanies in the Son, and does not reject; God draws closer to us in Jesus. God does not withdraw. God saves in the Lord Jesus, instead of condemning.

- Why do you think each of today's readings is chosen for Trinity Sunday?
- What other contrasts can you think of between humanity and divinity?  
(Reflection: Diocese of Saskatoon)

### **Star of the North Young Adult Conference**

Young adults ages 18 to 35 are invited to a weekend of prayer, connection, conversation, and renewal, honoring the 200th anniversary of the Oblates of Mary Immaculate. When: **Thu., July 16 to Sun., July 19 at Star of the North Retreat Centre, St. Albert.** Oblate priests and bishops will serve as presenters and be present for conversation, prayer, and community.

Register at [starofthenorth.ca](http://starofthenorth.ca).

**Weekly Mass Intentions: June 1 to June 7**

June 1	Mon	9:00am	Perry Cavanagh (RIP) Amy Valerio (RIP)
June 2	Tue	9:00am	Dennis Velasco (INT) France Fennell (RIP)
June 3	Wed	9:00am	Teresa Trinh Nguyen (RIP) Dominic Vu Nguyen (RIP)
June 4	Thu	9:00am	Joseph & Maria Nguyen (RIP) Milagros & Eligio Hermogeno (RIP)
June 5	Fri	9:00am	All Souls in Purgatory (RIP) Teresa Trinh Nguyen (RIP)
June 6	Sat	9:00am 4:00pm	Mario Zamora (RIP) Bienvenido Velasco (RIP) Bill Walton (INT) Gavin Ferrao (RIP)
June 7	Sun	8:30am 10:30am 12:30pm 5:00pm	Angel Recabal (RIP) Mary Kutty Joseph (RIP) Dominic Vu Nguyen (RIP) Teresa Trinh Nguyen (RIP) Jovi & Liza Tabot (INT) Blanca Zamora (RIP) Mario Zamora (RIP) For the People (INT) Dora Da Costa (RIP)

**Together in Action**

The TIA 2026 is \$49,139.00  
Collection up-to-date is \$32,526.00

**African Thanksgiving Mass**

The African communities in the Diocese of Calgary invite all to their Thanksgiving Mass, celebrated by Bishop William T. McGrattan. When: **Sun., June 21, at 12:30pm at St. Michael Catholic Community, Calgary.** Participating communities include: Blessed Iwene Tansi Nigerian Community, Cameroon Catholic Community, South Sudanese Catholic Community, and Eritrean Catholic Community. All are welcome!

**Life in the Spirit Seminars**

St. Luke's Charismatic Prayer Group invites you to an evening of Rosary, Holy Mass, praise and worship, testimony, small group reflection, and intercessory prayer. When: **Thu., June 4, from 6:30pm to 9pm at St. Luke's Parish, Calgary.** All are welcome. Register or learn more at [slcpgevents@gmail.com](mailto:slcpgevents@gmail.com).

**Pilgrimage to Austria, Czech Republic, Poland, Slovakia & Hungary under the spiritual guidance of Fr. Jerry D'Souza, OCD has only 10 spots remaining.** For more information, please contact by: Tel: 905-412 3355; 1-800-565-3619 Email: [group@qstours.com](mailto:group@qstours.com)

*The gate of the kingdom must be asked for by praying, sought after by living properly, and knocked at by persevering.*  
-- St. Bede, the Venerable

**Saint of the Week -- May 29**

**Saint Paul VI**

Giovanni Battista Montini was born in 1897 in Italy. Ordained in 1920, he spent many years working in the Vatican Secretariat of State. After being named "Pro-Secretary of State" in 1952, Montini was appointed Archbishop of Milan the following year and became known as the "archbishop of the workers." Pope John XXIII named Montini a cardinal in 1958 and soon after announced the Second Vatican Council. During the Council, however, Pope John XXIII died, and the well-respected Montini was elected on June 21, 1963, to succeed him, taking the name Paul VI.

Committing himself to continuing the work begun by John XXIII, he continued the Council and then overcame resistance to implement reforms in the areas of liturgy, Church governance, and the attitudes of Catholics toward other religions. Though controversies surrounding ideas and encyclicals, especially 1968's *Humanae vitae*, can be seen as overshadowing his pontificate, the reality is that Paul VI's papacy and writings aimed constantly at working toward lasting justice and peace. He brought a message of human rights, human dignity and human development to the world.

Paul VI died on August 6, 1978. He was beatified on October 19, 2014, and canonized on October 14, 2018. In his homily at the canonization of Paul VI, Pope Francis said: "Paul VI spent his life for Christ's Gospel, crossing new boundaries and becoming its witness in proclamation and in dialogue, a prophet of a Church turned outwards, looking to those far away and taking care of the poor. Even in the midst of tiredness and misunderstanding, Paul VI bore witness in a passionate way to the beauty and the joy of following Christ totally. Today he still urges us, together with the Council whose wise helmsman he was, to live our common vocation: the universal call to holiness."

(sources: [saltandlighttv.org](http://saltandlighttv.org) and [vatican.va](http://vatican.va))

(Living with Christ, May 2026)

**Accepting new members: 12:30 pm choir**

We are pleased to announce that we are accepting new members who are gifted with music skills (singing or playing any instruments) for the 12:30pm choir and are dedicated and committed to attend practice for 2nd & 4th Saturday of the month, Sunday services and some special occasion for Christmas, Lent & Easter celebrations.

**St. Joseph Chastity Group**

St. Francis Xavier Chaplaincy for Young Adults invites men to a weekly chastity group with prayer, formation, and small group discussion. When: **Wed., June 3, at 5:30pm at the Catholic Pastoral Centre, Calgary.** For more information, contact Sergio Plazas at 403-389-3863