

St. Thomas More Parish: 15 Templebow Road NE, Calgary AB T1Y 6J3

Phone: (403) 285-3773 | Fax: (403) 293-8754

Pastor: pastor@stthomasmore.ca

Associate Pastor: associate@stthomasmore.ca

Parish Office: secretary@stthomasmore.ca | **Website:** www.stthomasmore.ca

Office Hours: Monday & Sunday - Closed
Tuesday to Saturday - 10:00am to 3:00pm (Office is closed for Lunch from 12:30pm to 1:30pm)

A collaborative ministry of the Carmelite Fathers and Lay Parishioners



Pentecost Sunday, May 23/24, 2026

Pastor:

Fr. Jerald D'Souza, OCD

Associate Pastor:

Fr. Alexander Braganza, OCD

Permanent Deacons:

Deacon Norman Dumais

Deacon Dale Laing

Office Assistant:

Rachael Ramaswamy

Administrative Assistant:

Fe Badajos

Bookkeeper:

Cindy Kreutzer

Hospitality:

Everyone in the Parish!

Weekday Mass Schedule:

Monday to Saturday: 9:00am

Weekend Mass Schedule:

Saturday: 4:00pm

Sunday: 8:30am, 10:30am,

12:30pm & 5:00pm

Igbo Mass:

First Sunday of the Month: 2:00pm

Adoration:

First Friday of the month:

9:30am to Noon

Reconciliation:

Tue., Wed., Thu., & Fri.:

After the morning Mass

Saturday: 2:30pm to 3:30pm

Baptisms:

An initial appointment with one of the Priests is required before attending a session.

Confirmation:

On-line registration is now closed.

Society of St. Vincent De Paul:

(403) 975-4318 (Food Hampers)

AS DISCIPLES OF CHRIST, we have received the Holy Spirit, just as the disciples did on the day of Pentecost. In common with the early Church, we all have moments of darkness that threaten to overcome us. There is a coldness in the darkness that can only be held at bay by the flames of faith.

These flames are a gentle light for others. When we listen to the troubles of others, we can be a gentle light. Through our acts of charity, mercy and kindness, we can bring the flame of faith to others. Likewise, when we meet darkness in the world, we can offer our prayers to dispel the darkness.

With darkness often comes cold. The flames we carry are not harsh or scorching, but sources of warmth and welcome to those in need of love and belonging. When we are merciful and accepting, when we forgive and seek forgiveness, when we offer a kind word or gesture, the warmth of the Holy Spirit can bring comfort to those who need it most.

May we also, in our own times of darkness and cold, seek and welcome the light and warmth offered by others in our faith community. We are never truly alone. We are guided by the light and surrounded by the warmth of a God who loves us.

(Living with Christ, May 2026) - Michael Way Skinner

Readings:

1st Reading: Acts 2.1-11

2nd Reading: 1 Corinthians 12.3b-7, 12-13

Gospel: John 20.19-23

On that first Easter evening, John describes disciples gripped by fear. Jesus appears, and had to speak peace twice before that fear started to dissipate. Jesus' breathing of the Spirit carries echoes of Genesis 2 when God created the first human being and "breathed into his nostrils the breath of life." John's indication that Jesus' bringing of the Holy Spirit took place on the evening of the day of Resurrection led Tertullian (a third century theologian) to establish that the Fifty Days of Easter are in fact one "great Sunday."

- Recall a time when the Holy Spirit gave you courage to move from fear to confidence.
- What gift or skill do you hesitate to use? What would help you overcome your fear?

(Reflection: Diocese of Saskatoon)

Catholic Family Life Conference

Catholic Family Ministries invites families to the 28th Catholic Family Life Conference, with the theme "The Holy Family -- Divine Mercy." When:

Fri., July 3 to Mon., July 6 at Lac Ste. Anne, AB. Speakers include Fr. Chris Alar, MIC, Fr. Mike Bombak, Dr. Ryan Topping, Fr. LaGrange, Abp. Stephen Hero, and Fr. Paul Moret, with music ministry and children's & youth ministries available. Early bird registration ends Sun., May 31. Register at catholicfamilyministries.com or call 780-920-7878.

Weekly Mass Intentions: May 25 to May 31

May 25	Mon	9:00am	Perry Cavanagh (RIP) Eusebio Darlucio (RIP)
May 26	Tue	9:00am	Kuriakose TM (RIP) Paula Williams (RIP)
May 27	Wed	9:00am	Teresa Trinh Nguyen (RIP) Dominic Vu Nguyen (RIP)
May 28	Thu	9:00am	Paula Williams (RIP) Edgardo Tadique (RIP)
May 29	Fri	9:00am	A&N Villanueva & family (INT) Cecille & Garth Fritze (INT) Edgardo Tadique (RIP)
May 30	Sat	9:00am 4:00pm	Mario Zamora (RIP) Samuel Sr. & Nelida Aldecoa (RIP) Regino Alvarez (RIP) Dominic Vu Nguyen (RIP)
May 31	Sun	8:30am 10:30am 12:30pm 5:00pm	Dourado family thanksgiving (INT) Gerry Fernandes (RIP) Teresa Trinh Nguyen (RIP) Dominic Vu Nguyen (RIP) Blanca Zamora (RIP) Teresita Paunon (RIP) For the People (INT) Our Lady of Visitation Praesidium Anniversary (INT)

Together in Action

The TIA 2026 is \$49,139.00
Collection up-to-date is \$31,499.00

African Thanksgiving Mass

The African communities in the Diocese of Calgary invite all to their Thanksgiving Mass, celebrated by Bishop William T. McGrattan. When: **Sun., Jun. 21 at 12:30pm at St. Michael Catholic Community, Calgary.** Participating communities include: Blessed Iwene Tansi Nigerian Community, Cameroon Catholic Community, South Sudanese Catholic Community, and Eritrean Catholic Community. All are welcome!

Knights of Columbus Rosary Walk for Vocations

Join the first Knights of Columbus Rosary Walk, praying for vocations as participants walk across Fish Creek Provincial Park. Shuttle busses will run from St. Bonaventure Parish parking lot to the starting point at St. Mary's University. When: **Sat., May 30, at 1pm from the Father Lacombe Memorial Cairn near St. Mary's University to St. Bonaventure Parish.** A fellowship gathering will follow in the parish hall from 2 to 4pm. Everyone is welcome.

Pilgrimage to Austria, Czech Republic, Poland, Slovakia & Hungary under the spiritual guidance of Fr. Jerry D'Souza, OCD has only 10 spots remaining.

For more information, please contact by:
Tel: 905-412 3355; 1-800-565-3619
Email: group@qstours.com

Saint of the Week -- May 26

Saint Philip Neri

Philip Neri was born in Florence in 1515 and educated by the Dominicans. He experienced conversion at the age of 18 and left for Rome, where he lived a life of seclusion and poverty. He studied philosophy and theology for three years before choosing to re-evangelize Rome, where Christianity had declined and was sadly in need of reform. He spent his days talking to people about God's love, and his nights in prayer.

In 1548 he helped found a confraternity of laymen to minister to needy pilgrims, leading to the establishment of a now-famous Roman hospital, Santa Trinità dei Pellegrini. In 1551, his confessor insisted Philip be ordained. As a confessor himself, he was much sought after for his spiritual wisdom. Disciples flocked to him, and he founded the congregation of the Oratorians, which was formally approved in 1575. Pope Gregory XIII gave them an ancient church in Rome, which they rebuilt and occupy to this day.

Philip's sermons were famous for their wisdom and good humour. He said, "I will have no sad spirits in my house. Cheerful people are more easily led to perfection." He died at the age of 80, much loved and respected, and is still known as the "Apostle of Rome."

Philip Neri is the patron of home missions, supported in Canada through the Catholic Missions in Canada (www.cmic.info).

(Living with Christ, May 2026)

The Legion of Mary of St. Thomas More Parish, Our Lady of Visitation Praesidium, will celebrate their 14th Anniversary on Sunday, May 31, 2026.

We warmly invite all parishioners to join us for a Holy Mass Celebration in the main church at 12:30 pm, followed by a Patrician meeting and fellowship in the parish basement, small hall at 2:00pm. The Patrician meeting will feature a discussion on faith and Apostleship, offering an opportunity for parishioners to share in community and spiritual growth.

Let's celebrate together and share in fellowship -- your presence would make the event even more special.

Accepting new members: 12:30PM choir

We are pleased to announce that we are accepting new members who are gifted with music skills (singing or playing any instruments) for the 12:30pm choir and are dedicated and committed to attend practice for 2nd & 4th Saturday of the month, Sunday services and some special occasion for Christmas, Lent & Easter celebrations.

**Confirmation Rehearsal, Mon., May 25, 2026, from 5pm to 9pm.
Confirmation Mass Wednesday, May 27, 2026 at 7pm**

Preserving our cheerfulness amid sicknesses and troubles is a sign of a right and good spirit.

-- St. Philip