

# St. Thomas More Parish: 15 Templebow Road NE, Calgary AB T1Y 6J3

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**Pastor:** pastor@stthomasmore.ca

**Associate Pastor:** associate@stthomasmore.ca

**Parish Office:** secretary@stthomasmore.ca | **Website:** www.stthomasmore.ca

**Office Hours:** Monday & Sunday: Closed

Tuesday to Saturday: 10:00am to 3:00pm

*A collaborative ministry of the Carmelite Fathers and Lay Parishioners*



## March 2/3, 2024 Third Sunday of Lent

<b>PASTOR:</b> Fr. Jerald D'Souza, OCD	<b>ASSOCIATE PASTOR:</b> Fr. Alexander Braganza, OCD
<b>PERMANENT DEACON:</b> Deacon Norman Dumais Deacon Dale Laing	<b>Office Assistant:</b> Rachael Ramaswamy <b>Administrative Assistant:</b> Fe Badajos
<b>BOOKKEEPER:</b> Cindy Kreutzer	<b>HOSPITALITY:</b> Everyone in the Parish!
<b>WEEKDAY MASS SCHEDULE</b> Monday to Saturday: 9:00am First Friday: 9:00am  <b>Adoration:</b> First Friday of the Month 9:30am to Noon  <b>Baptisms:</b> An initial appointment with one of the Priests is required before attending a session.	<b>WEEKEND MASS SCHEDULE</b> Saturday 4:00pm Sunday 8:30am, 10:30am, 12:30pm & 5:00pm (Igbo Mass: First Sunday of the Month at 2:00pm)  <b>Anointing of the Sick:</b> Please call the Parish Office <b>Reconciliation:</b> Wednesday, Thursday & Friday: After the morning Mass Saturday: 3:00pm to 3:45pm  <b>Society of St. Vincent De Paul:</b> (403) 975-4318 (Food Hampers)

Please remember St. Thomas More Parish in your Will.

### Lent

Fridays in the Season of lent bear the theme

#### Forty Days with Jesus.

Masses are at 9:00am & 6:30pm

Stations of the Cross will be at 7:00pm

followed by spiritual reflection & Adoration.

Fri., Mar. 8, 2024: Fr. Julian Studden

Fri., Mar. 15, 2024: Fr. Shibu Kallarakkal

Fri., Mar. 22, 2024: Fr. Jerald D'Souza, OCD

#### Lenten Reconciliation Dates

Thu., Mar. 14, 2024 : 7:00pm-8:30pm

Sat., Mar. 16, 2024 : 1:30pm-3:30pm

### Holy Week Schedule

#### PALM SUNDAY

Saturday, March 23, 2024 : 4:00pm

Sunday, March 24, 2024 :

8:30am, 10:30am 12:30pm and 5:00pm

Igbo LANGUAGE : 2:00pm

#### HOLY THURSDAY , March 28, 2024 7:00pm

There will be no 9:00am Mass

#### GOOD FRIDAY , March 29, 2024

Stations of the Cross : 9:00am

Good Friday Service : 12:00pm and 3:00pm

#### EASTER VIGIL - March 30, 2024 : 8:00pm

EASTER SUNDAY - March 31, 2024

8:30am, 10:30am, 12:30pm and 5:00pm

Igbo Language : 2:00pm

### Weekly Mass Intentions: March 4 to March 10

Mon	4	9:00am	Otto & Ruth Fritze (RIP) Michael Ngalot (INT) Nancy Pausta (INT)
Tue	5	9:00am	Hilda Kearney (RIP) Peter Wellman (RIP) Ida Serrao (RIP)
Wed	6	9:00am	Ken Gedorio (INT) Michael Velasco (INT) Patricia Annandsingh (RIP)
Thu	7	9:00am	Joseph Maria Nguyen (RIP) Felipe C. Vargas (RIP)
Fri	8	9:00am	Audrey Long (INT) Mary Ann & Paul Chin (INT) Cesar Cabredo (RIP)
Sat	9	9:00am	Apolonia Oriel (RIP) Samuel Family (INT)
		4:00pm	Apolonia Oriel (RIP) Eriberto Musa (INT)
Sun	10	8:30am	Joe & Celine Fernandes (RIP)
		10:30am	Marjorie Dubria (INT)
		12:30pm	Flordeliza Reyes Family (INT) Herminia & Ariston Mayormente Sr. (RIP)
		5:00pm	For the people (INT)

#### Together in Action

The TIA 2024 is \$49,139.00

Collection up to date is \$5,9740.00

All Surplus will go to funding the Parish Furnace.

#### Sad Demise of Joyce Casebeer

We regret to inform you about the sad demise of Mrs. Joyce Casebeer, mother of Lori Tremblay, our previous parish secretary. The Funeral Mass is on

Thursday, March 14, 2024 at 11:00am.

Please remember the family in your prayers.

#### Bible Quiz

##### Who Said it?

1. "Am I my brother's keeper?"
2. "Behold the handmaid of the Lord."
3. "Are you the king of the Jews?"
4. "Sir, give me this water."
5. "Rejoice in the Lord always."

#### Priestly Vocations Night

Have you ever thought God might be calling you to be a priest? Come to the Priestly Vocations Night with Fr. Derek Remus. Mass at 5pm, followed by Evening Prayer, supper, presentation on discerning a vocation, and prayer before the Blessed Sacrament.

When: Sat., Mar. 16, from 5pm to 9pm at St. Luke's, Calgary.

#### TABLET REQUIRED

St. Thomas More Parish requires a Tablet for its audio-visual projection. Please contact the Parish office if you'd like to donate the tablet.

#### Solidarity Sunday: March 17

The Fifth Sunday of Lent, March 17, is celebrated throughout most of Canada as Solidarity Sunday, where parishes hold a special collection for Development and Peace - Caritas Canada and pray for greater fellowship and understanding amongst people worldwide. Please pray for Development and Peace - Caritas Canada, its members and partners as we strive for God's kingdom to come here on earth as it is in heaven. Suggested action items for families:

Bring your donation jar to church for Solidarity Sunday collection or donate online at [Catholicyc.ca](http://Catholicyc.ca)

#### What's the difference between meat and fish during Lent?

*Aleteia.org*

*Why is fish allowed during Fridays of Lent, but not meat, when they seem to be the same thing?*

One of the most puzzling Church disciplines is the rule that states no meat can be eaten on Fridays of Lent.

The exception to that rule is fish, which doesn't seem to make any sense to the average observer.

Why is fish allowed on Fridays during Lent, but not meat? According to the USCCB, the laws of the Church classify the abstinence from "land animals."

Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs — all of which live on land. Birds are also considered meat.

Fish, on the other hand, are not in that same classification. Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles (cold-blooded animals) and shellfish are permitted.

In Latin the word used to describe what kind of "meat" is not permitted on Fridays is *carnis*, which specifically relates to "animal flesh," and never included fish as part of the definition. Additionally, fish in most European cultures was not considered a luxury dish and was more of a penance to eat.

The underlying spiritual theme of this discipline is that it is a sacrifice.

The allowance of fish doesn't mean that every Friday of Lent should include an expensive lobster meal, as that would be contrary to the spiritual lesson to be learned.

However we observe this Lenten discipline, we should recall the sacrifice of Christ on the cross and let that guide our Friday meal choices.

1. Cain
2. Mary
3. Pilate
4. Samaritan Woman
5. Elizabeth

#### Answers