

St. Thomas More Parish: 15 Templebow Road NE, Calgary AB T1Y 6J3

Phone: (403) 285-3773 | Fax: (403) 293-8754

Pastor: pastor@stthomasmore.ca

Associate Pastor: associate@stthomasmore.ca

Parish Office: secretary@stthomasmore.ca | **Website:** www.stthomasmore.ca

Office Hours: Monday & Sunday - Closed

Tuesday to Saturday - 10:00am to 3:00pm

A collaborative ministry of the Carmelite Fathers and Lay Parishioners



Ascension of the Lord, May 31/June 1, 2025

Pastor:

Fr. Jerald D'Souza, OCD

Associate Pastor:

Fr. Alexander Braganza, OCD

Permanent Deacons:

Deacon Norman Dumais

Deacon Dale Laing

Deacon in Formation:

Cruzel Lacao

Office Assistant:

Rachael Ramaswamy

Administrative Assistant:

Fe Badajos

Bookkeeper:

Cindy Kreutzer

Hospitality:

Everyone in the Parish!

Weekday Mass Schedule:

Monday to Saturday: 9:00am

Weekend Mass Schedule:

Saturday: 4:00pm

Sunday: 8:30am, 10:30am,
12:30pm & 5:00pm

Igbo Mass:

First Sunday of the Month

2:00pm

Adoration:

First Friday of the month:

9:30am to Noon

Reconciliation:

Wednesday, Thursday & Friday:

After the morning Mass

Saturday: 3:00pm to 3:45pm

Baptisms:

An initial appointment with one of the Priests is required before attending a session.

Confirmation:

Registration is closed.

Society of St. Vincent De Paul:

(403) 975-4318 (Food Hampers)

AS DID THE APOSTLES, today we turn our eyes towards the heavens as we ponder Christ's Ascension. And it is good to remind ourselves sometimes that this life is not the only one. Caught up in our daily concerns, we can sometimes forget there is more to life than what we experience in this world. Jesus' Ascension reminds us to set our sights higher; to an eternity with God.

Lest we lose ourselves in heaven-gazing, though, the message of the angels in today's first reading brings us firmly back to earth. "Why do you stand looking up toward heaven?" Yes, we hope in the world to come. At the same time, we must remember that it is this world that Jesus came to redeem. And it is to this world that he calls each of us to proclaim, by our words and our actions, his message of life over death, love over hate, hope over despair.

And so we live, in a way, with one foot in heaven, and the other on earth. Knowing the Risen One, we place our hope in an eternity of peace and joy. In the meantime, we do everything in our power to bring the reality of God's kingdom into our own world here and now. Like the apostles, we go forth today filled with joy to proclaim the Good News with our lives.

— *Living with Christ, Sunday, June 1, 2025 Teresa Whalen Lux*

Readings:

1st Reading: Acts 1.1-11

2nd Reading: Ephesians 1.17-23

Gospel: Luke 24.46-53

Luke's Gospel begins and ends in the temple. Where Luke's Gospel ends, Luke's Acts begins — last minute instructions and words of farewell before Jesus is taken up into heaven. After Jesus' death the apostles had often locked themselves up out of fear, now, Luke tells us, they feel "great joy" and go to the temple frequently to praise God.

- Through faith the disciples believed that Jesus ascended into heaven and will return again. How are you/we preparing to meet him?
- Which words of Jesus particularly meaningful to you?
- Have you ever experienced being blessed for a particular mission or task?

(Reflection: Diocese of Saskatoon)

Father's Day Mass and Lunch

Join the Sisters of Divine Mercy for Mass, Rosary, and a special Father's Consecration to St. Joseph. Confession begins at 10am.

When: **Sat., June 14 at 11am at Our Lady of the Assumption**

Church, Calgary. For more info, call Sr. Katrina at 587-755-1019.

All are welcome!

Weekly Mass Intentions: Jun 2 to June 8

Jun. 2	Mon	9:00am	Anthony C.L. (INT) Dora D Costa (RIP)
Jun. 3	Tue	9:00am	Isagani Mateo (RIP) Milagros Hermogino (RIP) Gordon Drielich (RIP)
Jun. 4	Wed	9:00am	Dora Da Costa (RIP) Rinel Regalario (RIP)
Jun. 5	Thu	9:00am	Bill Walton (INT) Joseph Maria Nguyen (RIP)
Jun. 6	Fri	9:00am	Thanksgiving Nguyen Fam. (INT) Souls in Purgatory (RIP)
Jun. 7	Sat	9:00am 4:00pm	Joseph Anna Tran (RIP) S. Sr. & Nelida Aldecoa (RIP) Bernard Paul (RIP)
Jun. 8	Sun	8:30am 10:30am 12:30pm 5:00pm	Rufina Gonsalves (RIP) Dora Da Costa (RIP) Antoni Robak (RIP) Louise Morrison (RIP) Melanio Gaoat (INT) Maria Gedorio (INT) For the people (INT)

TOGETHER IN ACTION

The TIA 2025 is \$49,139.00

Collection up-to-date \$22,445.70

All surplus will go towards repair and renovation of the basement washrooms.



St. Thomas More Parish

Knights of Columbus

Stampede Pancake Breakfast

Sunday, July 6, 2025

After 8:30am & 10:30am Masses. \$5.00 per plate
Tickets are available on June 1, 8, 15, 22 & 29. only
after the 8:30am and 10:30am Masses
 Contact Br. Gerry (text/phone) 403-804-1632 or
 email shortpoz@gmail.com



St. Thomas More Parish

Knight of Columbus Garage Sale

Please join us for the Knights of Columbus
 garage sale on June 28 & 29, 2025
 from 11am to 6pm in the small hall.

40 Hours Devotion for Vocations

Pray with us for an increase of vocations to the
 priesthood and consecrated life in our Diocese.
 The next devotions:

- St. Michael's Calgary - Fri., June 6 at 3pm to Sun.,
June 8 at 8am.
- Shrine Church of Our Lady of the Rockies,
Canmore - July 3 at 5pm to July 5 at 9:30am

*God's love calls us to move beyond fear. We ask God
 for the courage to put on faith, hope, and love as we go
 out into the world and become the Word in body as well
 as spirit.*
Pope Francis

Saint of the Week—June 3

Saint Charles Lwanga & Companions

Charles Lwanga and his companions became Christians through the Catholic missions of the Missionaries of Africa (commonly known as the White Fathers). Charles' predecessor as master of royal pages, also a Christian, had censured King Mwanga of Uganda for his cruelty and immorality. The vengeful king, determined to stamp out Christianity, ordered Charles and the other young Christian pages put to death. About 100 died during the persecution. Within a year of these deaths, however, the number of Christians had greatly increased, and by 1890 was estimated to be ten thousand. The 22 Martyrs of Uganda died on June 3, 1886 and were canonized in 1964. Charles Lwanga has been declared patron of Catholic Action and of black African youth.

(Living with Christ June 2025)

Novena to the Holy Spirit starts May 30th

O Holy Spirit, O my God, I adore Thee, and acknowledge, here in Thy divine presence, that I am nothing and can do nothing without Thee. Come, great Paraclete, Thou father of the poor, Thou comforter the best, fulfil the promise of our blessed Savior, Who would not leave us orphans, and come into the mind and the heart of Thy poor, unworthy creature, as Thou didst descend on the sacred day of Pentecost on the holy Mother of Jesus and on His first disciples. Grant that I may participate in those gifts which Thou didst communicate to them so wonderfully, and with so much mercy and generosity. Take from my heart whatever is not pleasing to Thee, and make of it a worthy dwelling-place for Thyself. Illumine my mind, that I may see and understand the things that are for my eternal good. In flame my heart with pure love of Thee, that I may be cleansed from the dross of all inordinate attachments, and that my whole life may be hidden with Jesus in God. Strengthen my will, that I may be made conformable to Thy divine will, and be guided by Thy holy inspirations. Aid me by Thy grace to practice the divine lessons of humility, poverty, obedience, and contempt of the world, which Jesus taught us in His mortal life.

Oh, rend the heavens, and come down, consoling Spirit! that inspired and encouraged by Thee, I may faithfully comply with the duties of my state, carry my daily cross most patiently, and endeavor to accomplish the divine will with the utmost perfection. Spirit of love! Spirit of purity! Spirit of peace! Sanctify my soul more and more, and give me that heavenly peace which the world cannot give. Bless our Holy Father the Pope, bless the Church, bless our bishops, our priests, all Religious Orders, and all the faithful, that they may be filled with the spirit of Christ and labor earnestly for the spread of His kingdom.

O Holy Spirit, Thou Giver of every good and perfect gift, grant me, I beseech Thee, the intentions of this novena. May Thy will be done in me and through me. Mayest Thou be praised and glorified forevermore! Amen.