

St. Thomas More Parish: 15 Templebow Road NE, Calgary AB T1Y 6J3

Phone: (403) 285-3773 | Fax: (403) 293-8754

Pastor: pastor@stthomasmore.ca

Associate Pastor: associate@stthomasmore.ca

Parish Office: secretary@stthomasmore.ca | **Website:** www.stthomasmore.ca

Office Hours: Monday & Sunday - Closed
Tuesday to Saturday - 10:00am to 3:00pm (Office is closed for Lunch
from 12:30pm to 1:30pm)

A collaborative ministry of the Carmelite Fathers and Lay Parishioners



4th Sunday of Lent, March 14/15, 2026

Pastor:

Fr. Jerald D'Souza, OCD

Associate Pastor:

Fr. Alexander Braganza, OCD

Permanent Deacons:

Deacon Norman Dumais

Deacon Dale Laing

Office Assistant:

Rachael Ramaswamy

Administrative Assistant:

Fe Badajos

Bookkeeper:

Cindy Kreutzer

Hospitality:

Everyone in the Parish!

Weekday Mass Schedule:

Monday to Saturday: 9:00am

Weekend Mass Schedule:

Saturday: 4:00pm

Sunday: 8:30am, 10:30am,

12:30pm & 5:00pm

Igbo Mass:

First Sunday of the Month: 2:00pm

Adoration:

First Friday of the month:

9:30am to Noon

Reconciliation:

Tue., Wed., Thu., & Fri.:

After the morning Mass

Saturday: 2:30pm to 3:30pm

Baptisms:

An initial appointment with one of the Priests is required before attending a session.

Confirmation:

On-line registration is now open at www.stthomasmore.ca

Society of St. Vincent De Paul:

(403) 975-4318 (Food Hampers)

“How DO YOU know your parents love you?” I often posed this question to families in Baptism preparation. Answers varied, including affection, words of care, material support and giving of time. Yet, all shared one characteristic — they were outward acts. In truth, we cannot “see” love, for it is a spiritual reality: it is realized by outward signs. Likewise, in the Sacraments, God uses outward signs to convey divine graces we cannot see. Among other aspects of today’s Gospel, we see that Jesus uses outward signs to display God’s presence to the blind man and surrounding witnesses.

First, Jesus mixes saliva and mud, rubs it over the man’s eyes and directs him to wash in the pool of Siloam. Afterwards, he’s healed! Similarly, in today’s first reading, God instructs Samuel to anoint David with oil; this bestows “the spirit of the Lord” upon him.

Spiritual passages like these foreshadow the gift of the Sacraments, made possible by Jesus’ gift of his very self. During Mass, the outward signs of bread and wine change in substance — Jesus becomes truly present! Unlike the “spirituality blind” Pharisees in today’s Gospel, let us approach our Lord in the Eucharist with the spiritual sight of faith and allow ourselves to be transformed by his offer of grace.

(Living with Christ, March 2026) - Alison Endrizzi

Readings:

1st Reading: 1 Samuel 16.1b, 6-7, 10-13

2nd Reading: Ephesians 5.8-14

Gospel: John 9.1-41

This is the second in a series of three “Scrutiny” Sunday gospel stories (the Lenten readings from Year A are always used in the Rite of Christian Initiation of Adults for those who are journeying through their final weeks of “purification and enlightenment” before their baptism at the Easter Vigil.)

The story of the man born blind is artfully told in an imaginative way, exploring the relationship between faith, knowledge, sin and vision. Even though the healing of the blind man is the central physical change, the moral and theological reality of sin is equally important in this gospel account. The disciples’ first question, “Who sinned?” and Christ’s answer are provocative still today. The Pharisees are so threatened by Jesus’ action — an action that explodes their neat traditional categories — that they resort to meaningless nit-picking.

- What sentence or phrase in the gospel speaks to you?
- Has there been a time when you “saw” Jesus clearly, perhaps in a person, a news story or an ordinary event in your life? Explain.
- Has your own stubbornness or unwillingness to see another’s point of view ever caused hurt or division?
- We all have blind spots in matters of justice and charity. They affect the way we see things in family life, work, etc. What will help us to improve our vision, in order to “truly see”?

(Reflection: Diocese of Saskatoon)

Weekly Mass Intentions: March 16 to March 22

Mar. 16	Mon	9:00am	Armido Nicholas Benven (RIP) Fr. Joseph Walsh CSB (RIP)
Mar. 17	Tue	9:00am	Alora Lagaya (INT) Bill DeLay (RIP)
Mar. 18	Wed	9:00am	Fr. Joseph Walsh (RIP) Malani Peiris (RIP)
Mar. 19	Thu	9:00am	Ed Hawco (RIP) Malini Fernando (RIP)
Mar. 20	Fri	9:00am 6:00pm	Babita Singh & Family (INT) Armido Nicholas Benven (RIP)
Mar. 21	Sat	9:00am 4:00pm	Sophie Foulonneau (INT) Otto Fritze (RIP) Cymanta Hollingsworth (RIP) Terry Lowrey (RIP)
Mar. 22	Sun	8:30am 10:30am 12:30pm 5:00pm	Terry Lowrey (RIP) Deanna Andrade (RIP) Juanito & Sepalina Peralta (RIP) Antonio & Felisa Bilgera (RIP) For all parishioners (INT) Fernandes family (INT)

TOGETHER IN ACTION

The TIA 2026 is \$49,139.00
Collection up-to-date is \$7,554.00
Surplus funds will be used for new OCIA gowns.

**Help Not Harm: Take Action to Support Bill C-218
Write your Member of Parliament Today!
Visit HelpNotHarmCanada.ca**

You're invited to visit HelpNotHarmCanada.ca where you can e-mail your Member of Parliament (MP), asking for their support of Bill C-218 (The Right to Recover Act), which would amend the Criminal Code to prevent Medical Assistance in Dying (MAiD) from being provided when mental illness is the sole underlying condition. Without this change, MAiD will be available for those suffering from mental illness alone beginning in March 2027.

Chances are you know someone struggling with mental illness — a family member, friend, or colleague. As Catholics and Canadians, we are called to offer care, hope, and protection — not death — to those who are suffering and most vulnerable.

Visit HelpNotHarmCanada.ca today and ask your MP to

Horizons of Hope Workshops

The Diocese of Calgary invites you to learn about palliative care and the Church's teaching on end-of-life through *Horizons of Hope*.

Register by calling Mara at 403-218-5521.

- **St. Gerard's Parish, Calgary** — Saturdays, May 2, 9, 16 & 23, 7pm-9pm (Mass at 5pm; supper follows). Register by April 28.

Saint of the Week - March 19

Saint Joseph

Joseph, according to gospel accounts, was a carpenter and a descendant of King David. Art and popular imagination have portrayed him as an old man, but this is likely false.

Embarrassed by Mary's pregnancy, Joseph was told in a dream to take Mary as his wife. Thoughts of rejecting for infidelity banished, he was faithful to his responsibility as her husband and foster father of Jesus.

St. Joseph was declared a patron of the universal Church in 1870, and is principal patron of Canada.

(Living with Christ, March 2026)

**First Holy Communion Program 2026
Important Dates to Remember**

Gathering #5 Sat., March 21 10am - 12noon
1pm - 3pm

Lenten Confessions Times

Sat., March 21, 2026 2:30pm to 3:30pm
Thu., March 26, 2026 7:00pm to 8:00pm

All Fridays in Lent:-

Masses at 9am & 6:00pm
Stations of the Cross at 6:30pm
Adoration & Lenten Preaching 7:00pm to 8:00pm

Preparing for the Triduum:

A Parish Retreat at St. Thomas More Church

Join us on Wednesday, April 1, 2027 at 6:00-7:30 pm in our large basement hall for a video presentation and reflection on the Paschal Triduum. Spend the evening with fellow parishioners and RCIA candidates as we prepare for the most solemn part of the liturgical year, the Paschal Triduum, which recounts the last three days of Jesus' life on earth.

**The 12:30 choir is looking for a Pianist,
Choir Director and Singers.**

Please contact St Thomas More Parish office directly if you are interested to be part of the 12:30 choir

Looking for Volunteers

St. Thomas More Parish goes to five (5) Senior's Home in our area and a Mass is celebrated every Tuesday at 10:30 in the morning. We are looking for volunteers who are musically inclined and help us in celebrating the Mass with the seniors. For more information, please call the office or email us at secretary@stthomasmore.ca. if you have the calling.

**Solemnity of St. Joseph — Thu., March 19, 2026
There will be a regular Mass at 9am only.**